

Integrating HIV Rapid Testing into the Family Planning Visit

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Workshop Objectives



At the end of the workshop, participants will have:

1. Explored some current concepts of HIV integration into family planning sites.
2. Discussed and problem solved for barriers to include HIV risk assessment and prevention counseling with a family planning visit.
3. Increased their knowledge and comfort level while integrating and delivering an HIV test result.



Agenda

- Introduction/ Overview.
- Lesson's Learned – “What works, What doesn't, What's my role?”
- Risk Assessment.
 - Overcoming barriers.
 - Values Exercise.
 - Video Review.
- Delivering test results and providing referrals.
- Wrap up and Questions.



Why Provide Rapid HIV Testing?

- Approximately 2.1 million HIV tests are conducted annually.
- Many people who test HIV-positive do not return.
 - 30% of people who tested positive in 2001 did not return.
 - 39% of people who tested negative in 2001 did not return.
- Almost all clients receive their rapid HIV test results because results can be provided immediately during the testing visit.

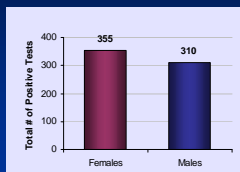
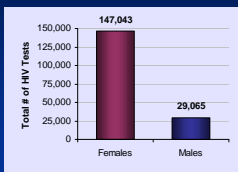


OPA HIV Prevention Project Summary

- Number of Clients Counseled = 451,000
- Number of Tests = 187,702
 - Number of confidential tests = 172,577 (91.9%)
 - Number of anonymous tests = 15,125 (8.1%)
- Number of Tests (with test results) = 182,421
 - Number of clients tested through Title X = 92,030 (50.4%)
 - Number of clients tested through MAI = 90,391 (49.6%)
- Number of Positive Tests = 1,385
- Number of Clients Returning for Results = 97,067 (53.2%)
- Number of Positive Clients Referred for Services = 540 (77.9%)



HIV Testing by Gender



Ratio of Tested Females to Males = 5:1
 Positivity Rate among Females = 0.24%
 Positivity Rate among Males = 1.07%



Best Practices / Lessons Learned

- 20 Title X sites interviewed.
 - 2 from Montana.
 - 4 Colorado.
 - 2 South Dakota.
 - 12 nationally.
- Basic Philosophy: "Every Woman Every Visit."
- Helpful to have good front desk phone screening.
- Anyone with proper training can run a test and deliver the results.
- "Don't move the client."
- Run the test with the client in the room.
- Use 10 minutes to integrate intake, risk assessment, and consent.



Best Practices / Lessons Learned

- Most sites did not change their schedule.
- Need to log start and finish time when running a test.
- Don't need to run a test in the lab.
- Give consent when the client checks in.
- "Don't quit, just do it."
- "Have resources, referrals, and pamphlets in every room," and "keep them updated."
- If you schedule clients every 15 minutes and they request an HIV test, "we tell them no big deal, their visit just may take a bit longer."



Conclusions and Next Steps

- Title X clinics continue to serve as critical sites for integration of HIV prevention services.
 - Greater level of funding and number of funded projects for 2004-2008.
- Demonstrated growth efficiency and effectiveness of HIV integration projects over time.
- Over 185,000 HIV tests have been provided and an increasing level of testing has been performed.
- Rates of testing among counseled have increased; although the overall rate could be improved, particularly for confidential testing.



Overcoming Barriers to Risk Assessment while including Prevention Counseling

1. "We already ask clients about their sexual history, how is this different?"
2. "There's not enough time!"
3. "There's not enough privacy!"
4. "I can't discuss these things if the client has someone else with them."
5. "My client speaks a language that I do not speak."



Barrier's Cont.

6. "The client is already stressed. How can I bring these issues up?"
7. "We see guys in the clinic too. How can I talk to them about sex?"
8. "How can I ask about sexual behavior and be culturally sensitive?"
9. "What if I don't have all of the information the client needs or wants?"



Values Exercise



Integrating HIV Test Results

Giving a Non-Reactive (Negative) Rapid Test Result:

- Provide test result clearly and simply.
- Explain the meaning of a non-reactive test result.
- Emphasize that the result is based on exposure that occurred at least 3 months prior to test.
- Assess the client's emotional reaction to result.



Giving an Invalid Rapid HIV Test Result

1. Explain that the test must be repeated.
2. Inform the client that the test could not be interpreted.
3. Tell the client the reason's why the test could not be interpreted.
4. Assure the client that quality insurance measures are in place to make sure that the test is conducted correctly.
5. Continue to assess the client's emotional reaction.



Giving a Reactive (Preliminary Positive) Rapid HIV Test Result

1. Provide reactive result to the screening test clearly and simply.
2. Explain the meaning of a reactive test result.
3. Emphasize the need for confirmation.
4. Assess the clients emotional reaction to the result.
5. Advise the client to take precautions to avoid transmitting infection to others while awaiting confirmation.



Wrap Up and Questions

"Sometime the hardest thing and the right thing
are the same".

--The Fray

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